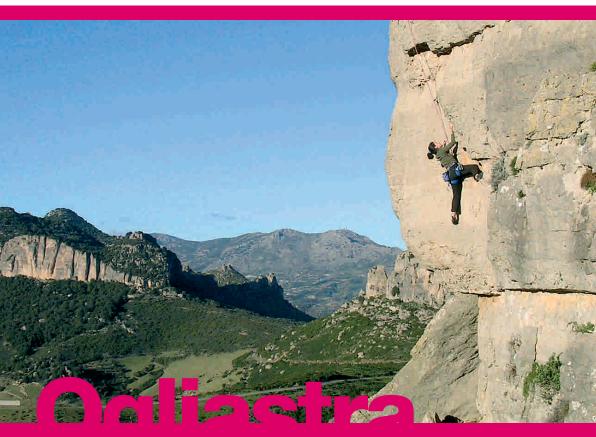
SARDEGNA



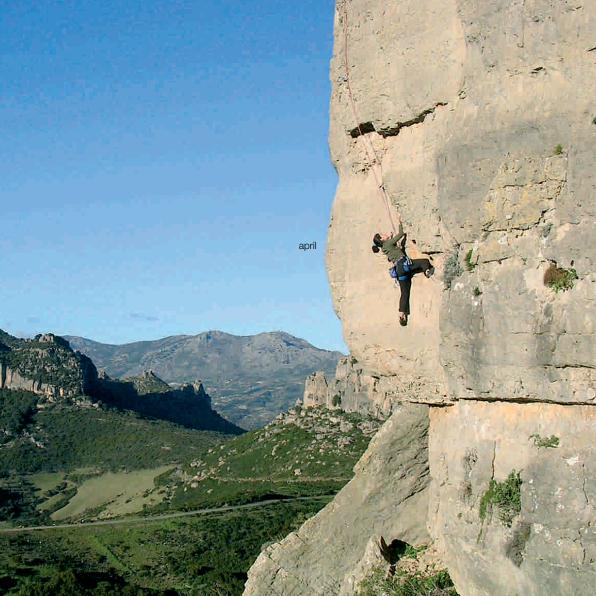
Ogliastra. Good times until dawn.



From summer to autumn, from winter to spring, in Ogliastra, good fun knows no season.

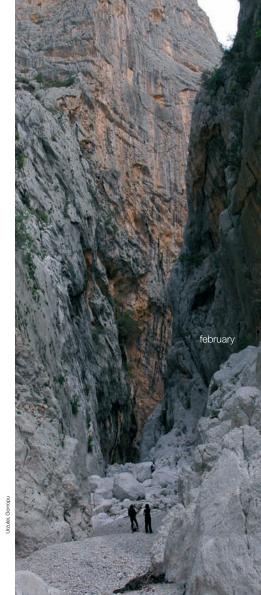
From the sea to the mountains, the variety of natural habitats makes it a haven to practice many sports, even the most adventurous.







The period from September to June is the best time for mountain activities: walking and trekking (even on horseback), climbing, and mountain biking.
Following the heavy rains during the Spring, canyoning and river trekking (with ropes and a wetsuit), are also really fun activities.





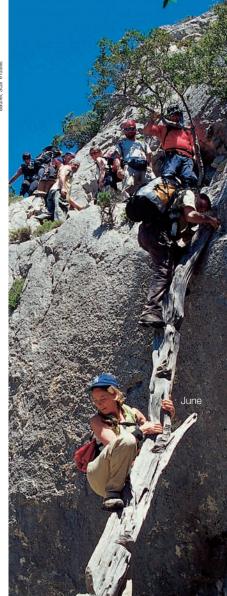




Even by just talking a walk, you can come face to face with nature in its unspoilt glory, while more challenging trails will take you to destinations that are as valuable as they are hidden. Routes that require a few days follow the traces of ancient shepherds and coal miners.

Camping in a sheepfold or under the stars will provide you with an incredible view of the sun rising over the ocean.

Of all the hikes, the tip of the iceberg is the "Wild Blue", considered by those in the know to be the most challenging but also the most spectacular in the Mediterranean. Suspended between the high cliffs and the intense blue of the sea, here you will reach positions and viewpoints that simply cannot be found elsewhere.





The limestone cliffs of the tacchi of Jerzu Ulassai and Supramonte di Urzulei Baunei are also climbing routes, suitable for all levels of expertise, and second to none in Europe in terms of sheer beauty. The Spire of Cala Goloritzè occupies a special place, a natural geological monument that all climbers hope to conquer one day.

In the spring it almost becomes a Tower of Babel for the number of different languages you hear spoken along the way.



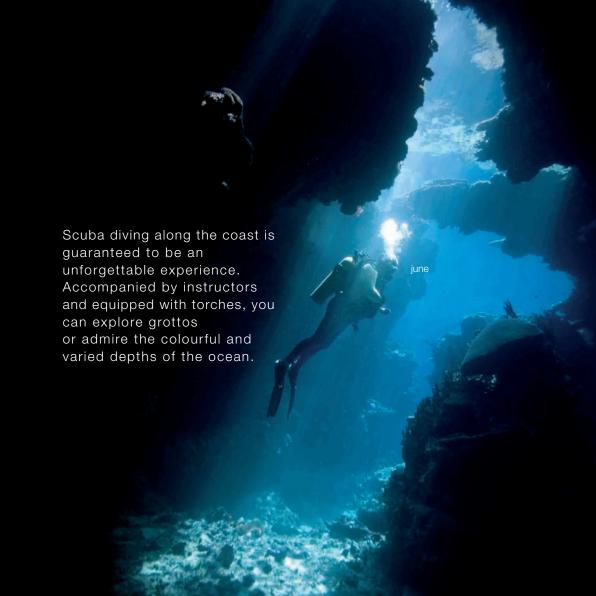






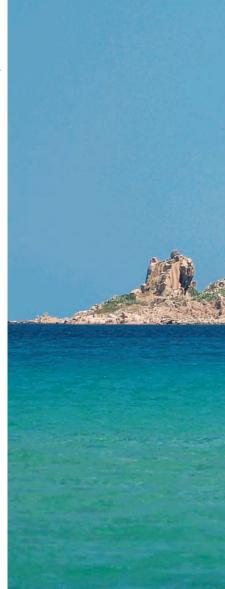
Fine weather calls for water sports such as snorkelling, diving, canoeing and sailing. The crystal clear blue of the sea arouses in us a desire for freedom.

Even minimal contact with the water is enough to make you want to dive in, and knowing that just a few metres from the shore you can discover a whole new extraordinary world.



Lotzorai, Isola dell'Ogliastra

On water, you can move easily from creek to creek without missing out the smaller ravines.
On days where there's good wind, the chance to take a trip on a sailing boat or windsurf should not be missed.





After a day spent on the move, the long Ogliastran summer nights will delight you.

The firework displays contrast the dim lights of the evening market stalls. A light sweater is all you'll need for the cooler evening sea breeze, while wandering through the various stalls and stages you can be sure that the offerings will capture your taste buds, both musical and palatal.







The music of local and international artists can often be heard coming from some spectacular settings.

Torches and sangria add a splash of colour to the evening, creating the perfect ambiance for dancing with friends. From the beaches the nightlife flows into the seaside bars and through the alleys of the old towns, revelling in good music and

Until dawn, the choice is yours.

good company.

A holiday that recharges your batteries with energy and vitality. A simple dose of adventure and fun to break the monotony of everyday life.



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