

Ogliastra. Traces of the past.



In today's globalised world, cultural diversity is an asset, a heritage of enormous value.

In this region that is often shrouded in mystery, history and nature intertwine with tradition and magic to revitalise the brilliance from which modern life, at times, detracts.



copertina: Osini - nuraghe Serbissi







Guardians of an ancient civilisation, the nuraghi are captivating, unchanged over the course of time. The simple, yet brilliant, circular towers, constructed from large blocks of limestone or granite, were constructed in ancient times to defend the rugged and oceanic territory. Today they reveal the mysteries of a history that is shrouded in legend. The Giants' Tombs, imposing and perfectly aligned with the sun, hide the indecipherable secrets of one of the world's most unique cultures; where reality challenges your imagination.



Baunei, faccia lítica



From the weird and wonderful forms of the pits and cliffs to the saints and their noble deeds, here legends are born and handed down through generations. To celebrate liberation from evil serpents and dragons and in praise and thanks of the patron saint, many festivals take place in which entire towns participate. Women prepare wonderful, sculpture-like desserts and the men throw themselves into bold demonstrations of bravery.

The history of this region is steeped in tradition, where art and craftsmanship often become one: weavings, for example, recount a history whose memory has faded into the mists of time. Since ancient times, many craftsmen have been plying their trade in the working of raw wool for the production of colourful carpets or the traditional and timehonoured bridal trousseaus.





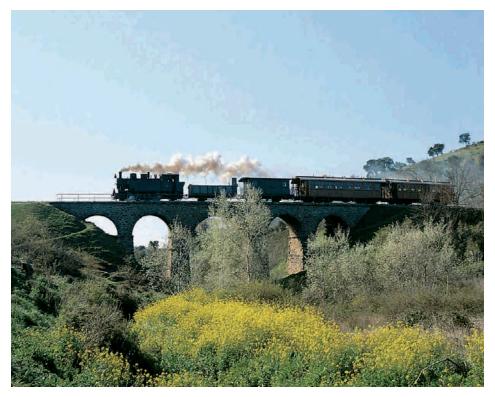


otzorai, Domu de Tzia Natz

Visitors hoping to admire the fruit of Ogliastra's art and handicraft traditions can still do so today. Many of the old houses scattered across the landscape are home to small ethnographic museums that give visitors an introduction to Ogliastra's ancient trades and way of life.



Cultural events such as Cortes Apertas recreate the everyday life of days gone by, reliving them through joyous celebration. Skilful weavers wear ornate costumes that showcase their talents, adorned with filigree and precious jewellery; proud velvet-clad craftsmen take us on a journey through the history of handicraft. Here the working of wood, textiles, jewellery, bread, and cakes is seen as not craft, but art.



Travelling through Ogliastra and seeing it from the windows of the little green train is an unbeatable experience.

The narrow-gauge railway slowly climbs up and across the slopes; a landscape where signalman houses, bridges, and small stations sit perfectly at home in their luxuriant surroundings



The culture of the countryside is represented in the vast repertoire of folk music that exists. The cantos a tenore and choral songs, typical of the local area, create a surreal atmosphere that blends harmoniously into the surrounding landscape. Pastoralism plays a major role in the community. The coiles, or sheepfolds, are proof of the strong connection between man and nature. The huts and animal fences are small architectural gems. Built with stone and wood from the local area, they are carefully and thoughtfully constructed.







Nature never fails to surprise and delight us. Throughout the mountain ranges and in the cliffs that overlook the sea, the hidden treasures of the orogenies can be found inside the grottos.

To make visits easier, sightseeing tours offer visitors the chance to admire the picturesque beauty of what lies underground.

Accompanied by guides, enthusiasts can visit the speleological sites that have remained intact and discover the wonders of exploring the depths of the earth. Several geological eras are reflected in the crystal clear blue of the sea.

The red porphyry rocks contrast the grey of the granite and the white of the limestone cliffs; Ogliastra being thought by some to be named after the most imposing of them all, Pedra Longa.

Indeed, seen from the sea, some several miles away, "the spire", 129 metres high,

appears as a small white notch on the mountainous coast.

For ancient navigators, that sign, then called Agugliastra, was a fail-safe geographical reference point, a natural beacon way before the first man-made lighthouse was built on the island of Pharos.

Others believe the thousand-year-old olive trees of Santa Maria Navarrese, another local natural treasure, to be where the name Ogliastra originates from.

Be it geological cataclysms or ancient man-made achievements, one thing is certain: Ogliastra has an eventful natural history to tell.





"Arbatasar", which, in Arabic, means "the fourteenth tower", conveys just how much history every cape in the region holds. Mysterious names bestowed on the land by invaders have merged with those given by the people. Ispuligidenie - literally "snow fleas" is one example of this, the sparkling stones of the coves seen by shepherds from the cliffs above.

The unspoilt territory of Ogliastra has always expressed its strong identity. A region that is rich in culture and bursting with folkloristic tradition.

12







SARDEGNA

Sistema Turistico Locale OGLIASTRA

STL Ogliastra Via Cedrino 24 - Tortolì tel / fax (+39) 0782 66 00 00

> Foto: Enrico Spanu, Giorgio Altieri, Roberto Moro, Mario Pierro, Michela Grimal, Renato Brotzu, Massimiliano Maddanu Archivio Provincia dell'Ogliastra